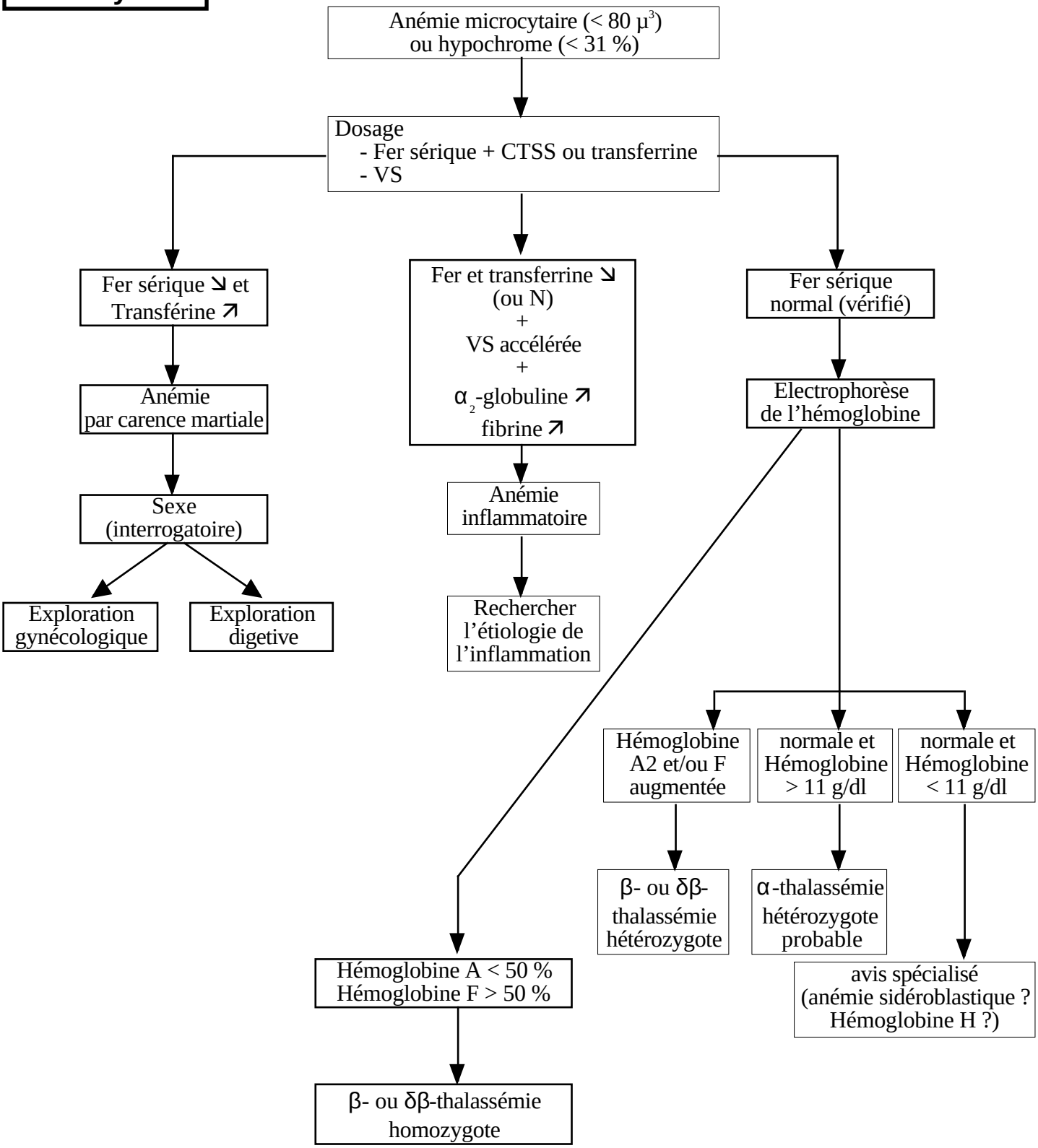Anémie microcytaire